

**Civil Mag Court: District of George Held at George Case 2578-14:
Lara Johnstone Affidavit in support of: Request for Info:
Annex: C. Correspondence to and from Clive Johnstone**

- C.01** From: Lara | To: Clive and Ann Johnstone
Sent: Friday, January 15, 2016 10:57 PM
Subject: FW: Req for Info: Application for Reduction / Exemption of Membership & Assisted Suicide Fees
- C.02** From: Lara Johnstone | To: Clive & Ann Johnstone
Sent: Saturday, December 27, 2014 6:30 PM
Subject: RE: Frode Apology for 'Mental Disorder' allegations.
- C.03** From Clive Johnstone | To: Lara Johnstone
Sent: Saturday, December 27, 2014 8:31 PM
Subject: Re: Frode Apology for 'Mental Disorder' allegations.
- C.04** From: Ann Johnstone | To: Lara Johnstone
Sent: Saturday, December 27, 2014 8:26 PM
Subject: FW: Frode Apology for 'Mental Disorder' allegations.
- C.05** From: Lara Johnstone | To: Clive and Ann Johnstone
CC: Timothy McVeigh
Sent: Friday, April 08, 2016 5:42 PM
Subject: GMC 5048-15: Request Clive and Ann Help for Dignitas Assisted Suicide for Lara
- C.06** From: Lara Johnstone | To: Clive and Ann Johnstone
CC: Timothy McVeigh
Sent: Saturday, April 09, 2016 7:03 PM
Subject: RE: GMC 5048-15: More Dignitas Assisted Suicide

C.01

From: Lara | **To:** Clive and Ann Johnstone
Sent: Friday, January 15, 2016 10:57 PM
Subject: FW: Req for Info: Application for Reduction / Exemption of Membership & Assisted Suicide Fees

From: Lara [mailto:jmcswan@mweb.co.za]
Sent: Friday, January 15, 2016 10:57 PM
To: Clive & Ann (clann@telkomsa.net); 'Ann Johnstone'
Subject: FW: Req for Info: Application for Reduction / Exemption of Membership & Assisted Suicide Fees
Attachment: [Dignitas_InfoBrochure.pdf](#)¹

Pa and Ma:

Letter to Dignitas in Switzerland requesting information about filing an application for reduction / exemption of Membership and Assisted Suicide Fees.

Attached is Dignitas brochure of costs for someone who has not received reduction / exemption of assisted suicide fees.

Lara

From: Lara [mailto:jmcswan@mweb.co.za]
Sent: Monday, December 21, 2015 2:08 AM
To: 'Dignitas'
Cc: 'Timothy McVeigh'
Subject: Req for Info: Application for Reduction / Exemption of Membership & Assisted Suicide Fees

DIGNITAS
P. O. Box 17
8127 Forch
Switzerland
Tel: +41 43 366 10 70 | Fax: +41 43 366 10 79
Dignitas (dignitas@dignitas.ch)

Req for Info: Application for Reduction / Exemption of Membership & Assisted Suicide Fees

I have read your brochure and understand the following:

¹ http://sqswans.weebly.com/uploads/1/3/8/7/13878165/dignitas_infobrochure.pdf

In order to access Dignitas service of an assisted suicide, I have to: (a) be a member of DIGNITAS, and (b) be of sound judgement, and (c) possess a minimum level of physical mobility: sufficient to self-administer the drug.

Because the co-operation of a Swiss medical doctor is absolutely vital in obtaining the required drug, further prerequisites mean that I must have (a) a disease which will lead to death: terminal illness, and/or (b) an unendurable incapacitating disability, and/or (c) unbearable and uncontrollable pain.

A personal, signed letter to DIGNITAS, preferably typed, in which the member asks for an accompanied suicide with the help of DIGNITAS. The letter must state the reason(s) for making the request and must describe the member's present physical condition and how it affects them:

- ❖ A biographical sketch describing my situation with respect to my next of kin. Dignitas and the doctors assessing my request will use this information to get a clear picture of my personal background and family circumstances.
- ❖ One or more up-to-date medical reports together with two or three older ones. These reports must provide substantial information on the case history, diagnosis, and - if possible - actual and suggested treatment / measures as well as prognosis. The most recent report must not be more than three to four months old, and all reports must be clearly legible. Pictures, such as x-ray films etc., and laboratory analyses should not be included.

Membership & Assisted Suicide Fees & Exemptions:

I am not currently a member; and request exemption under 'modest economic circumstances' statutory provisions.

I understand to become a member I need to pay one-off joining fee: CHF 200 and minimum annual member fee: CHF 80; and should only pay these fees once my membership registration has been confirmed.

Alternatively Dignitas statutes make provision for a reduction of - or even complete exemption from - membership fees for members who live under modest economic circumstances: this provision also applies to the additional contributions associated with preparing and completing an assisted suicide. However, it is essential that any reduction of or exemption from contributions is discussed and agreed beforehand between the member and Dignitas.

I personally do live under very modest economic circumstances, and if possible request an application form to apply for reduction and/or exemption of membership and assisted suicide fees.

Sound Judgement:

I am of reasonable sound judgement.

Physical Mobility:

I possess the required minimum level of physical mobility.

Disease, Disability or Pain:

The most applicable factor would be unbearable pain.

I can confirm that for a long time, extremely aggravated since 2001 I have experienced and continue to experience unbearable sadness pain.

I request Dignitas to help me to die in dignity by means of assisted suicide.

I understand that you require a personal signed letter; with much more detailed information and evidence in support of such information; after I am confirmed as a member.

Could you clarify what information you require to make a decision about 'modest economic circumstances' reduction and/or exemption?

Do I need to provide you with my personal signed letter before my modest economic circumstances request for reduction and/or exemption of membership and assisted suicide fees is resolved?

Respectfully

Lara Johnstone
PO Box 5042, George East, 6539
South Africa

C.02

From: Lara Johnstone | **To:** Clive & Ann Johnstone
Sent: Saturday, December 27, 2014 6:30 PM
Subject: RE: Frode Apology for 'Mental Disorder' allegations.

From: Lara [mailto:jmcswan@mweb.co.za]
Sent: Saturday, December 27, 2014 6:30 PM
To: 'Ann Johnstone'; 'Ann/Clive Johnstone'
Subject: RE: Frode Apology for 'Mental Disorder' allegations.

Pa:
CC: Ma

RE: Meeting about Frode Apology for his 'Mental Disorder' allegations.

Thank you for following up by asking Frode if he is willing to (a) apologize for his mental disorder allegations; or (b) would prefer to defend his allegations about my alleged mental disorders in court.

Is this correct if I summarize our meeting as follows:

“I spoke to Frode and asked him if he was willing to apologize to you for his mental disorder allegations and resolve the matter out of court. He said he did not want to apologize.”

If its not quite accurate. Please edit the statement in quotes until it accurately reflects your conversation with Frode; so that I don't misquote you.

Thanks

Lara

C.03

From Clive Johnstone | To: Lara Johnstone

Sent: Saturday, December 27, 2014 8:31 PM

Subject: Re: Frode Apology for 'Mental Disorder' allegations.

From: Clives Email [mailto:clann@telkomsa.net]

Sent: Saturday, December 27, 2014 8:31 PM

To: jmcswan@mweb.co.za

Subject: Re: Frode Apology for 'Mental Disorder' allegations.

" I spoke to Frode and asked him if he was willing to apologize to you for his mental disorder allegations and resolve the matter out of court. He was wary to apologize because it could be used against him in future. He also felt that he was not qualified to make an assesment without the opinion of a psy chiatrist."

C.04

From: Ann Johnstone | To: Lara Johnstone

Sent: Saturday, December 27, 2014 8:26 PM

Subject: FW: Frode Apology for 'Mental Disorder' allegations.

From: Ann Johnstone
To: Clive and Ann
Sent: Saturday, December 27, 2014 8:26 PM
Subject: FW: Frode Apology for 'Mental Disorder' allegations.

My version , he would apologize if a psychiatrist tells him he is wrong, he said he was a GP and you LARA can only find out if he is right or wrong if you go to a psychiatrist that can give you the answer.

He was willing to work towards a solution for this matter.

This is my version . MA.

C.05

From: Lara Johnstone | **To:** Clive and Ann Johnstone
CC: Timothy McVeigh
Sent: Friday, April 08, 2016 5:42 PM
Subject: GMC 5048-15: Request Clive and Ann Help for Dignitas Assisted Suicide for Lara

From: Lara [mailto:jmcswan@mweb.co.za]
Sent: Friday, April 08, 2016 5:42 PM
To: 'Clives Email'; 'Ann Johnstone'
Cc: 'Timothy McVeigh'
Subject: GMC 5048-15: Request Clive and Ann Help for Dignitas Assisted Suicide for Lara

Clive and Ann Johnstone

CC: Timothy McVeigh

[..]

Request Written Clarification regarding Clives Statement of Financial Support for Lara Assisted Suicide in Russia:

On 07 November 2015, Clive stated in a porch meeting among others that:

Clive is ready to provide Lara with the funds to travel to Russia; so that Lara and Clive can end their family relationship on amicable terms; say their farewells and Lara can depart planet

earth in dignity; to be buried alone in an unmarked grave somewhere near Lake Baikal, in the Siberian wilderness.

Lara subsequently provided Karen Marshall with the 'Russia Assisted Suicide' legal documentation to be submitted to the Russian Embassy.

Karen Marshall verbally informed Clive and Lara to resolve the matter out of court; suggesting that Clive should help Lara to contact the Russian Embassy outside of court proceedings; find out what the costs are; and provide Lara with the funds to travel to Russia to die in dignity.

Karen Marshall has so far refused to put her verbal legal advice to Clive and Lara in writing.

Lara then contacted Dignitas in Switzerland; and provided Clive and Ann with the Dignitas: Live and Die in Dignity documentation; that includes costs for Dignitas to provide Die in Dignity assisted suicide.

Clive then stated that he had read the Dignitas documentation and according to his interpretation of the Dignitas documentation; Lara does not qualify for Dignitas Assisted Suicide; because she does not have a terminal life threatening disease.

Lara then informed him that her interpretation of the Dignitas documentation does not require her to have a terminal life threatening disease to qualify for Dying in Dignity. Lara informed Clive about a British woman who did not have a life threatening disease; but was afraid of dying old, poor and ugly; whom was granted her wish make her assisted suicide decision; to die in dignity.

BBC: [Why a woman who lost her 'sparkle' was allowed to die](http://www.bbc.com/news/uk-34985442)²: The woman was known only as 'C'. C's daughter told the court: "Put bluntly, C's life has always revolved around her looks, men and material possessions. She understands that other people have failed relationships, feel sad and continue living, but for her, as she has said, she doesn't want to 'live in a council flat', 'be poor' or 'be ugly', which she equates with being old."

Daily Mail: [Belgian doctors give healthy woman, 24, green light to die by euthanasia because of 'suicidal thoughts'](http://www.dailymail.co.uk/news/article-3141564/Belgian-doctors-healthy-woman-green-light-die-euthanasia-suicidal-thoughts.html)³. A woman, known only by the fictitious name of Laura; 24, does not suffer from any terminal disease or physical illness; but has been informed by doctors that she qualifies for assisted suicide; due to her 'suicidal thoughts'. She told doctors who assessed her condition that 'life, that's not for me'.

On 21 December 2015; Lara electronically contacted Dignitas with a Request for Information; regarding an Application for Reduction / Exemption of Membership & Assisted Suicide Fees. Dignitas offer an exemption of assisted suicide fees to individuals whom cannot afford the fees. There has been no response from Dignitas; and if Lara cannot get the funds for her assisted suicide; then she can make a more formal request to Dignitas via registered mail.

She can make such a more formal request to Dignitas; with a supporting letter from Clive and Karen Marshall; who can provide supporting statements under oath confirming Lara's financial

² <http://www.bbc.com/news/uk-34985442>

³ <http://www.dailymail.co.uk/news/article-3141564/Belgian-doctors-healthy-woman-green-light-die-euthanasia-suicidal-thoughts.html>

status; and that she is of sound mind; and any other relevant information requested by Dignitas.

Alternatively Lara can ask Magistrate Essel to provide a statement by the court; confirming Lara's financial status; that she is of sound mind; and any other relevant information the court may be willing to provide; to support Lara's request to Dignitas for a Reduction / Exemption of Assisted Suicide fees.

Dignitas Assisted Suicide Help for Lara Questions for Clive:

- Does Clive want to financially help Lara with her assisted suicide plans?
If not:
- Is Clive willing to provide Lara with supporting letters confirming Lara's financial status; to help her to file an application for Exemption of Assisted Suicide fees?

If so: please let me know and my suggestion is that we postpone the 19 April 2016 proceedings to give us time to sit down and draw up the documentation to Dignitas; and we can ask Karen Marshall or Desire Strijdom how much she may charge to help us to resolve the assisted suicide issue out of court; and draw up the paperwork and send it to Dignitas; so that we can get the process going. If we notice we can manage to resolve the issue without asking the court for help; I can withdraw the application and we can manage without the help of the court.

If the lawyers are too expensive; I can ask the court to grant me a Legal Aid lawyer; to help us.

Respectfully

Lara Johnstone.
PO Box 5042, George, 6539

C.06

From: Lara Johnstone | **To:** Clive and Ann Johnstone
CC: Timothy McVeigh
Sent: Saturday, April 09, 2016 7:03 PM
Subject: RE: GMC 5048-15: More Dignitas Assisted Suicide

From: Lara [mailto:jmcswan@mweb.co.za]
Sent: Saturday, April 09, 2016 7:03 PM
To: 'Clives Email'; 'Ann Johnstone'

Cc: 'Timothy McVeigh'

Subject: RE: GMC 5048-15: More Dignitas Assisted Suicide

Pa and Ma

CC: Timothy McVeigh

RE: GMC 5048-15: More Dignitas Assisted Suicide

I have done some more research; to see if there are other organizations or countries to get various options.

There are many countries where assisted suicide is legal; but only for citizens of that country. Switzerland is the only country that allows foreigners to travel to Switzerland, to the Dignitas Clinic, for assisted suicide.

More news articles about people 'tired of life'; 'couldn't bear modern life'; etc. granted Dignitas Assisted Suicide.

2 Dec 2015: BBC: [Why a woman who lost her 'sparkle' was allowed to die](#)⁴:

The woman was known only as 'C'. C's daughter told the court: "Put bluntly, C's life has always revolved around her looks, men and material possessions. She understands that other people have failed relationships, feel sad and continue living, but for her, as she has said, she doesn't want to 'live in a council flat', 'be poor' or 'be ugly', which she equates with being old."

27 June 2015: Daily Mail: [Belgian doctors give healthy woman, 24, green light to die by euthanasia because of 'suicidal thoughts'](#)⁵.

A woman, known only by the fictitious name of Laura; 24, does not suffer from any terminal disease or physical illness; but has been informed by doctors that she qualifies for assisted suicide; due to her 'suicidal thoughts'. She told doctors who assessed her condition that 'life, that's not for me'.

2 Aug 2015: Telegraph: [Healthy retired nurse ends her life because old age 'is awful'](#)⁶.

Gill Pharaoh, 75 years old, traveled to Switzerland to die at a suicide clinic. "The thought that I may need help from my children appalls me," she said. "I know many old people expect, and even demand, help from their children but I think this is a most selfish and unreasonable view."

6 July 2015: NDTV: [Swiss Right-to-Die Group Gets Green Light for New Suicide Room](#)⁷:

Exit, which provides lethal drugs to help people die, said the Basel canton's local building council had dismissed objections to its plan to convert part of its office in Binning, Switzerland into an assisted suicide room....In 2011, voters in the canton of Zurich rejected a proposed ban on assisted suicide and "suicide tourism." A year later, the national parliament voted against tightening controls on the practice.

⁴ <http://www.bbc.com/news/uk-34985442>

⁵ <http://www.dailymail.co.uk/news/article-3141564/Belgian-doctors-healthy-woman-green-light-die-euthanasia-suicidal-thoughts.html>

⁶ <http://www.telegraph.co.uk/news/health/11778859/Healthy-retired-nurse-ends-her-life-because-old-age-is-awful.html>

⁷ <http://www.ndtv.com/world-news/swiss-right-to-die-group-gets-green-light-for-new-suicide-room-778782>

13 April 2014: Express: [Swiss suicide clinic helped SECOND woman 'tired of life' to die](#)⁸:
The 99-year-old, who was not terminally ill or severely disabled, felt her time had come to an end.

7 April 2014: Daily Mail: [Teacher died at Dignitas because she couldn't bear modern life](#)⁹:
The 89-year-old, from Sussex, said she couldn't keep up with modern life. She claimed new technology had ruined face-to-face human relationships. She was neither terminally ill nor disabled, but ended life at Swiss Clinic.

20 Feb 2014: Mirror: [Healthy people are traveling abroad for assisted suicide because they grow 'weary of life'](#)¹⁰:

Around 16 percent of the people who use 'right-to-die-organizations such as Dignitas have no underlying health problems listed on their death certificates...Loneliness and feeling unloved are twice as likely to kill you as being fat.

20 Feb 2014: Daily Mail: [Italian woman, 85, ends her life at Swiss euthanasia clinic because she was upset about losing her looks](#)¹¹:

Oriella Caszzenello was healthy. She disappeared without telling her relatives where she was going. Her family, who had reported her missing, learned of her death after they received her ashes and death certificate from the clinic.

26 Sept 2012: Reuters: [Swiss parliament rejects tighter controls on suicide](#)¹²:

Switzerland's parliament voted against a bid to toughen controls on assisted suicide on Wednesday, rejecting concerns about foreigners traveling to the country to die....The number of Swiss residents who died by assisted suicide rose sevenfold between 1998 and 2009, according to official statistics, with almost 300 Swiss residents dying this way in 2009, compared to 43 in 1998.

17 July 2012: Swiss News World Wide: [Vaud to get first Swiss assisted suicide law](#)¹³.

On June 17, 2012, the Swiss canton of Vaud voted in favour of a proposal obliging nursing homes and hospitals to accept the practice of assisted suicide in their facilities. Exit, the pro-assisted suicide advocacy organization, estimates that 50 percent of the 1,600 old people's and nursing homes in the German-speaking part of the country already allow assisted suicide under their roofs — up from 20 percent five years ago.

13 June 2012: The Local: [More nursing homes allow assisted suicide](#)¹⁴:

In a recent poll of nursing home employees in the German-speaking part of Switzerland, more than 50 percent confirmed that assisted suicide was practised at their place of work; newspaper Tribune de Genève reported.

⁸ <http://www.express.co.uk/news/health/470167/Swiss-suicide-clinic-helped-2nd-woman-tired-of-life-to-die>

⁹ <http://www.dailymail.co.uk/news/article-2598102/They-say-adapt-die-At-age-I-adapt-Retired-teacher-89-ends-life-Swiss-euthanasia-clinic-disillusioned-modern-life.html>

¹⁰ <http://www.mirror.co.uk/news/uk-news/assisted-suicide-healthy-people-travelling-3164625>

¹¹ http://www.dailymail.co.uk/news/article-2564023/Italian-woman-85-ends-life-Swiss-Dignitas-clinic-upset-losing-looks.html?ITO=1490&ns_mchannel=rss&ns_campaign=1490

¹² <http://www.reuters.com/articles.com/article/2012/09/26/us-swiss-politics-suicide-idUSBRE88P15320120926>

¹³ http://www.swissinfo.ch/eng/swiss_news/Vaud_to_get_first_Swiss_assisted_suicide_law.html?cid=32920490

¹⁴ <http://www.thelocal.ch/page/view/3518>

9 May 2012: The Local: [World-weary Swiss seniors seek suicide help](#)¹⁵:

New figures show that more and more Swiss seniors are taking advantage of assisted suicide even when they do not suffer from any terminal diseases.

19 Oct 2010: Daily Mail: [Let the distraught partners of terminally ill who commit suicide die too, says Dignitas boss](#)¹⁶:

Ludwig Minelli, the founder of the controversial Swiss clinic Dignitas, has said a person whose terminally ill partner commits suicide should also be given help to die – even if perfectly healthy. It is not the first time Minelli has argued health people should be given the legal right to die. Last year he said that he believed assisted suicide should be available ‘on demand.’

2 July 2010: BBC: [Dignitas boss: Healthy should have right to die](#)¹⁷:

Ludwig Minelli, founder of Switzerland’s assisted-suicide clinic (Dignitas), says his death clinic services are available to anyone. Asked if he would assist in the suicides of people who are neither physically nor mentally ill, he said, “Of course... Why should we say no?”

Lara

¹⁵ <http://www.thelocal.ch/3288/20120509/>

¹⁶ <http://www.dailymail.co.uk/news/article-1321547/Dignitass-Ludwig-Minelli-Let-partners-terminally-ill-commit-suicide-die-too.html>

¹⁷ <http://news.bbc.co.uk/2/hi/europe/10481309.stm>